# Bayesian Causal Mediation Analysis with Stan – A g-formula approach

Belay B. Yimer, Mark Lunt, John McBeth

Center for Epidemology Versus Arthritis University of Manchester

RSS International conference 2021, Manchester

September 9, 2021

### Bayesian Causal Mediation Analysis

Belay B. Yimer, Mark Lunt, John McBeth

Background

Causal Mediation Analysis

Bayesian g-formula

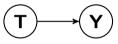
Application

Summary



The University of Manchester

Many scientific studies aim to infer if a given treatment or intervention influences a given outcome.



### Bayesian Causal Mediation Analysis

Belay B. Yimer, Mark Lunt, John McBeth

Background

Causal Mediation Analysis

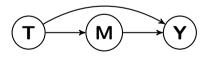
Bayesian g-formula

Application

Summary

Many scientific studies aim to infer if a given treatment or intervention influences a given outcome.

- Increasingly, many studies are interested in disentangling the pathways that link exposure to the outcome to get insight into the mechanism.
  - Why/how does the treatment/intervention affect outcome?



### Bayesian Causal Mediation Analysis

Belay B. Yimer, Mark Lunt, John McBeth

### Background

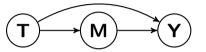
Causal Mediation Analysis

Bayesian g-formula

Application

Summary

・ロト・日本・ キャー キャー キャー シック



Mediation analysis can be helpful in identifying

- the effect of the intervention that acts through a given set of intermediate variables (indirect effect), and
- the effect of the intervention unexplained by those same intermediate variables (direct effect).

### Bayesian Causal Mediation Analysis

Belay B. Yimer, Mark Lunt, John McBeth

Background

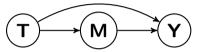
Causal Mediation Analysis

Bayesian g-formula

Application

Summary

### ▲□▶▲□▶▲□▶▲□▶ ▲□▶ ● ● ●



Mediation analysis can be helpful in identifying

- the effect of the intervention that acts through a given set of intermediate variables (indirect effect), and
- the effect of the intervention unexplained by those same intermediate variables (direct effect).
- Question: How can we make inference about these causal effects from experimental and observational studies?

### Bayesian Causal Mediation Analysis

Belay B. Yimer, Mark Lunt, John McBeth

Background

Causal Mediation Analysis

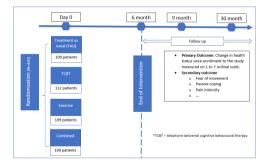
Bayesian g-formula

Application

Summary

# Motivating example — MUSICIAN trial

The Managing Unexplained Symptoms (CWP) In Primary Care: Involving Traditional and Accessible New Approaches – a 2 × 2 factorial randomized controlled trial (McBeth et al., 2012)



#### Bayesian Causal Mediation Analysis

Belay B. Yimer, Mark Lunt, John McBeth

### Background

Causal Mediation Analysis

Bayesian g-formula

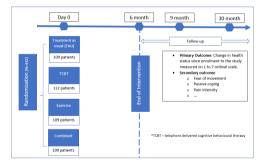
Application

Summary

### ・ロト・西ト・ヨト・ヨー シック

# Motivating example — MUSICIAN trial

The Managing Unexplained Symptoms (CWP) In Primary Care: Involving Traditional and Accessible New Approaches – a 2 × 2 factorial randomized controlled trial (McBeth et al., 2012)



 CBT was associated with substantial improvements in patient global assessment.

### Bayesian Causal Mediation Analysis

Belay B. Yimer, Mark Lunt, John McBeth

Background

Causal Mediation Analysis

Bayesian g-formula

Application

Summary

## Research questions



- To what extent does the treatment improve health status by inducing a change in fear of movement?
- To what extent the treatment improve health status independent of changing fear of movement?

### Bayesian Causal Mediation Analysis

Belay B. Yimer, Mark Lunt, John McBeth

Background

Causal Mediation Analysis

Bayesian g-formula

Application

Summary

・ロット語・ キョット 中国・ うらの

### Bayesian Causal Mediation Analysis

Belay B. Yimer, Mark Lunt, John McBeth

#### Background

Causal Mediation Analysis

Bayesian g-formula

Application

Summary



$$\mathsf{CBT}\ (T_i=1)\quad\mathsf{TAU}\ (T_i=0)$$

Fear of movement if CBT  $(M_i(1))$ Fear of movement if TAU  $(M_i(0))$ 

### Bayesian Causal Mediation Analysis

Belay B. Yimer, Mark Lunt, John McBeth

Background

Causal Mediation Analysis

Bayesian g-formula

Application

Summary



$$\mathsf{CBT}\ (T_i=1)\quad\mathsf{TAU}\ (T_i=0)$$

Fear of movement if CBT  $(M_i(1))$   $Y_i(1, M_i(1))$ Fear of movement if TAU  $(M_i(0))$   $Y_i(1, M_i(0))$   $Y_i(0, M_i(0))$ 

▲□▶ ▲圖▶ ▲≣▶ ▲≣▶ → 重 → のへで

### Fear of movement (Meditor: M) TAU: T = 0CBT: T = 1Change in Health status (Outcome: Y)

	$CBT (T_i = 1)$	TAU ( $T_i = 0$ )
Fear of movement if CBT $(M_i(1))$ Fear of movement if TAU $(M_i(0))$	$Y_i(1, M_i(1))  Y_i(1, M_i(0))$	$Y_i(0, M_i(0))$

Population Average Natural Indirect effect: E[Y(1, M(1))] - E[Y(1, M(0))]

Bayesian Causal Mediation Analysis

Belay B. Yimer, Mark Lunt, John McBeth

Background

Causal Mediation Analysis

Bayesian g-formula

Application

Summary

・ロト・西ト・ヨト・ヨー シック

### Bayesian Causal Mediation Analysis

Belay B. Yimer, Mark Lunt, John McBeth



Causal Mediation Analysis

Bayesian g-formula

Application

Summary



 $\mathsf{CBT}\ (T_i=1)\quad\mathsf{TAU}\ (T_i=0)$ 

Fear of movement if CBT  $(M_i(1))$  $Y_i(1, M_i(1))$ Fear of movement if TAU  $(M_i(0))$  $Y_i(1, M_i(0))$  $Y_i(0, M_i(0))$ 

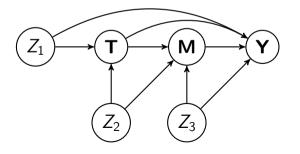
Population Average Natural direct effect: E[Y(1, M(0))] - E[Y(0, M(0))]

(ロ)、

# Identification of causal effects

To estimate natural direct and indirect effect we need:

- ▶ There are no unmeasured exposure-outcome confounder given Z
- **\triangleright** There are no unmeasured mediator-outcome confounder given (T, Z)
- > There are no unmeasured exposure-mediator confounder given T
- There are no mediator-outcome confounder affected by exposure



### Bayesian Causal Mediation Analysis

Belay B. Yimer, Mark Lunt, John McBeth

#### Background

Causal Mediation Analysis

Bayesian g-formula

Application

Summary

### Identification of causal effects

Under the four identification assumptions, natural direct and indirect effects are given by

$$E[Y(1, M(0)) - Y(0, M(0))] = \int \int \{E[Y \mid t = 1, m, z] - E[Y \mid t = 0, m, z]\} dF_{M|t=1, z}(m) dF_{Z}(z)$$

$$E[Y(1, M(1)) - Y(1, M(0))] = \int \int E[Y \mid t = 1, m, z] \{ dF_{M \mid t = 1, z}(m) - dF_{M \mid t = 0, z}(m) \} dF_{Z}(z)$$

### Bayesian Causal Mediation Analysis

Belay B. Yimer, Mark Lunt, John McBeth

#### Background

Causal Mediation Analysis

Bayesian g-formula

pplication

Summary

### ・ロト・日本・モート モー うへの

# Estimation

- Analytical integration (Valeri, L., and VanderWeele, T. J. (2013))
  - Parametric regression model for Y and M and computing the integration analytically
  - SAS and SPSS macros available
  - Frequentest approach
- Sampling (Imai et al., 2010)
  - Proposed to use a broad class of parametric or semiparametric model for Y and M
  - Use simulations to calculate NIE and NDE and the standard errors for this using bootstrap
  - Popular R package mediation
  - Quasi-Bayesian approach

### Bayesian Causal Mediation Analysis

Belay B. Yimer, Mark Lunt, John McBeth

#### Background

Causal Mediation Analysis

Bayesian g-formula

Application

Summary

▲□▶ ▲□▶ ▲□▶ ▲□▶ □ のQへ

# We propose to use Bayesian framework for estimation of NIE and NDE.Why bayes?

### Bayesian Causal Mediation Analysis

Belay B. Yimer, Mark Lunt, John McBeth

Background

Causal Mediation Analysis

Bayesian g-formula

Application

Summary

・ロト・日本・モート ほう うくぐ

### Estimation

- ▶ We propose to use Bayesian framework for estimation of NIE and NDE.
- ► Why bayes?
  - Full posterior inference for any function of model parameters, hence, point and interval estimates can be easily constructed for causal risk ratios, odds ratios, and risk differences
  - Priors can help us compute causal effects under sparsity avoid ad hoc approaches
  - Probabilistic sensitivity analysis

#### Bayesian Causal Mediation Analysis

Belay B. Yimer, Mark Lunt, John McBeth

Background

Causal Mediation Analysis

Bayesian g-formula

Application

Summary

▲□▶ ▲圖▶ ▲≣▶ ▲≣▶ 三回 のへで

 $\blacktriangleright \boldsymbol{D} = \{Y_i, T_i, M_i, \boldsymbol{Z}_i\}$ 

- $T_i$  is a binary treatment assignment  $t \in \{0, 1\}$
- Y is binary and M is continuous
- Assume IA (1) IA (4) hold, the following regression models are correctly specified
  - $logit(P(Y_i = 1 | T_i, M_i, Z_i)) = \alpha_0 + \alpha_Z Z_i + \alpha_T T_i + \alpha_M M_i,$  $E[M_i | T_i, Z_i] = \beta_0 + \beta_Z Z_i + \beta_T T_i$
- $\blacktriangleright \boldsymbol{\theta} = (\alpha_0, \boldsymbol{\alpha}_Z, \alpha_T, \alpha_M, \beta_0, \boldsymbol{\beta}_Z, \beta_T)$
- Appropriate prior is assumed for elements of  $\theta$ .
- The model is fitted in stan.

### Bayesian Causal Mediation Analysis

Belay B. Yimer, Mark Lunt, John McBeth

Background

Causal Mediation Analysis

Bayesian g-formula

pplication

Summary

・ロト・西ト・ヨト ・日・ うへぐ

• Obtain  $b^{th}$  set of posterior draws  $\theta^{(b)}$ , b = 1, ..., B

Bayesian Causal Mediation Analysis

Belay B. Yimer, Mark Lunt, John McBeth

Background

Causal Mediation Analysis

Bayesian g-formula

Application

Summary

- Obtain  $b^{th}$  set of posterior draws  $\theta^{(b)}$ , b = 1, ..., B
- Bootstrap sampling to integrate out the confounder distribution:
  - Sample n new values of Z with replacement from the observed Z distribution and denote these resampled values as Z<sup>(1,b)</sup>,..., Z<sup>(n,b)</sup>

### Bayesian Causal Mediation Analysis

Belay B. Yimer, Mark Lunt, John McBeth

Background

Causal Mediation Analysis

Bayesian g-formula

Application

Summary

- Obtain  $b^{th}$  set of posterior draws  $\theta^{(b)}, b = 1, ..., B$
- Bootstrap sampling to integrate out the confounder distribution:
  - Sample n new values of Z with replacement from the observed Z distribution and denote these resampled values as Z<sup>(1,b)</sup>,..., Z<sup>(n,b)</sup>
- Draw the potential outcome values
  - Potential values of M:  $M(t)^{(i,b)} \sim \text{Normal}(\beta_0^{(b)} + \beta_Z^{(b)} Z^{(i,b)} + \beta_T^{(b)} t, \sigma^{(b)})$

### Bayesian Causal Mediation Analysis

Belay B. Yimer, Mark Lunt, John McBeth

#### Background

Causal Mediation Analysis

### Bayesian g-formula

Application

Summary

▲□▶ ▲□▶ ▲□▶ ▲□▶ □ のQへ

- Obtain  $b^{th}$  set of posterior draws  $\theta^{(b)}, b = 1, ..., B$
- Bootstrap sampling to integrate out the confounder distribution:
  - Sample n new values of Z with replacement from the observed Z distribution and denote these resampled values as Z<sup>(1,b)</sup>,..., Z<sup>(n,b)</sup>
- Draw the potential outcome values
  - Potential values of M:  $M(t)^{(i,b)} \sim \text{Normal}(\beta_0^{(b)} + \beta_T^{(b)} \mathbf{Z}^{(i,b)} + \beta_T^{(b)} t, \sigma^{(b)})$

• Given, the potential values of M, draw potential values of Y:  $Y(t, M(t)^{(i,b)})^{(i,b)} \sim$ Bernoulli(logit<sup>-1</sup>( $\alpha_{0}^{(b)} + \alpha_{\tau}^{(b)} \mathbf{Z}^{(i,b)} + \alpha_{\tau}^{(b)} t + \alpha_{M}^{(b)} M(t)^{(i,b)}))$ 

#### Bayesian Causal Mediation Analysis

Belay B. Yimer, Mark Lunt, John McBeth

#### Background

Causal Mediation Analysis

### Bayesian g-formula

Application

Summary

▲□▶ ▲□▶ ▲□▶ ▲□▶ □ のQへ

- Obtain  $b^{th}$  set of posterior draws  $\theta^{(b)}, b = 1, ..., B$
- Bootstrap sampling to integrate out the confounder distribution:
  - Sample n new values of Z with replacement from the observed Z distribution and denote these resampled values as Z<sup>(1,b)</sup>,..., Z<sup>(n,b)</sup>
- Draw the potential outcome values
  - Potential values of M:  $M(t)^{(i,b)} \sim \text{Normal}(\beta_0^{(b)} + \beta_Z^{(b)} \mathbf{Z}^{(i,b)} + \beta_T^{(b)} t, \sigma^{(b)})$

• Given, the potential values of M, draw potential values of Y:  $Y(t, M(t)^{(i,b)})^{(i,b)} \sim$ Bernoulli(logit<sup>-1</sup>( $\alpha_0^{(b)} + \alpha_z^{(b)} Z^{(i,b)} + \alpha_T^{(b)} t + \alpha_M^{(b)} M(t)^{(i,b)}))$ 

Compute NIE and NDE

▶ 
$$NDE^{(b)} = \frac{1}{n} \sum_{i=1}^{n} \{Y(1, M(0)^{(i,b)})^{(i,b)} - Y(0, M(0)^{(i,b)})^{(i,b)}\}$$
  
▶  $NIE^{(b)} = \frac{1}{n} \sum_{i=1}^{n} \{Y(1, M(1)^{(i,b)})^{(i,b)} - Y(1, M(0)^{(i,b)})^{(i,b)}\}$ 

Compute average and quartiles of NDE and NIE

#### Bayesian Causal Mediation Analysis

Belay B. Yimer, Mark Lunt, John McBeth

#### Background

Causal Mediation Analysis

### Bayesian g-formula

pplication

Summary

# Application to MUSICIAN trial

- The Bayesian g-formula approach and the approach by Imai et al, 2010 (R-package mediation) leads to a comparable result.
- The effect of CBT on change in health status is mainly through mechanisms other than fear of movement.

Estimand	lmai et al. 2010	Bayesian g-formula
Direct effect	( )	0.224 (0.078, 0.369) 0.037 (-0.071, 0.142)

### Bayesian Causal Mediation Analysis

Belay B. Yimer, Mark Lunt, John McBeth

Background

Causal Mediation Analysis

Bayesian g-formula

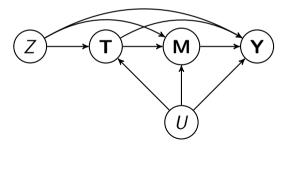
Application

Summary

### ・ロト・日本・モート モー シック

# Bayesian sensitivity analysis

- The identification assumptions are often too strong
- Need to assess the robustness of findings via sensitivity analysis
- Question: How large a departure from the key assumption must occur for the conclusions to no longer hold?



### Bayesian Causal Mediation Analysis

Belay B. Yimer, Mark Lunt, John McBeth

Background

Causal Mediation Analysis

Bayesian g-formula

Application

Summary

・ロト・日本・ キャー キャー キャー シック

### Bayesian sensitivity analysis

► We follow the approach by McCandless et al, 2007

$$\begin{split} Y|T, M, \mathbf{Z} &\sim \mathsf{Bernoulli}(\mathsf{expit}(\alpha_0 + \alpha_Z \mathbf{Z} + \alpha_T T + \alpha_M M + \alpha_U U)) \\ M|T, \mathbf{Z}, \sigma &\sim \mathsf{Normal}(\beta_0 + \beta_Z \mathbf{Z} + \beta_T T + \beta_U U, \sigma^2) \\ U|\mathbf{Z} &\sim \mathsf{Bernoulli}(\mathsf{expit}(\gamma_0 + \gamma_Z \mathbf{Z})) \end{split}$$

▶ We assign Uniform mean-zero bounded priors for the sensitivity parameters.

$$\begin{aligned} \alpha_U &\sim U(-\delta,\delta) \\ \beta_U &\sim U(-\delta,\delta) \\ \gamma_Z &\sim U(-\delta,\delta) \\ \gamma_0 &\sim U(-\delta,\delta) \end{aligned}$$

### Bayesian Causal Mediation Analysis

Belay B. Yimer, Mark Lunt, John McBeth

Background

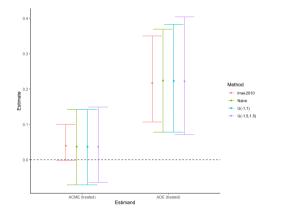
Causal Mediation Analysis

Bayesian g-formula

Application

Summary

# Bayesian sensitivity analysis



### Bayesian Causal Mediation Analysis

Belay B. Yimer, Mark Lunt, John McBeth

Background

Causal Mediation Analysis

Bayesian g-formula

Application

Summary

### ▲□▶▲圖▶▲≣▶▲≣▶ ≣ のへぐ

- We have demonstrated the application of g-formula to Bayesian models for conducting mediation analysis.
- We show a flexible Bayesian model to explore sensitivity to unmeasured confounding in causal mediation analysis.
- Our goal is to make the methodology accessible to practitioners.
  - The development version of the R-package, BayesGmed, are available at https://github.com/belayb/BayesGmed.

### Bayesian Causal Mediation Analysis

Belay B. Yimer, Mark Lunt, John McBeth

### Background

Causal Mediation Analysis

Bayesian g-formula

Application

Summary

### ・ロット語・ キョット 中国・ うらの

# Selected references

- McBeth, J., Prescott, G., Scotland, G., Lovell, K., Keeley, P., Hannaford, P., ... & Macfarlane, G. J. (2012). Cognitive behavior therapy, exercise, or both for treating chronic widespread pain. Archives of internal medicine, 172(1), 48-57.
- Imai, K., Keele, L., & Yamamoto, T. (2010). Identification, inference and sensitivity analysis for causal mediation effects. Statistical science, 25(1), 51-71.
- Valeri, L., & VanderWeele, T. J. (2013). Mediation analysis allowing for exposure-mediator interactions and causal interpretation: theoretical assumptions and implementation with SAS and SPSS macros. Psychological methods, 18(2), 137.
- McCandless, L. C., Gustafson, P., & Levy, A. (2007). Bayesian sensitivity analysis for unmeasured confounding in observational studies. Statistics in medicine, 26(11), 2331-2347.

### Bayesian Causal Mediation Analysis

Belay B. Yimer, Mark Lunt, John McBeth

Background

Causal Mediation Analysis

Bayesian g-formula

Application

Summary